

Prof. Dr. W. Popp HyKoMed GmbH, Lünen/Dortmund Germany

# Report of the visit to Ulaanbaatar 18 – 27 September, 2022

## **Participant:**

Iris Grabowski, Dr. Weigert, Dubai

Heike Kamphusmann, St. Elisabeth Gruppe – Katholische Kliniken Rhein-Ruhr, Herne

Martina Lenzen-Schulte, Deutsches Ärzteblatt, Berlin

Marina Lorsch, Gesundheitsamt Recklinghausen

Waltraud Malms-Fleschenberg, MVZ Dr. Eberhard & Partner, Dortmund

Anette Simonis, Charite, Berlin

Walter Popp, HyKoMed, Dortmund

Andreas Wolf, St. Elisabeth Gruppe - Katholische Kliniken Rhein-Ruhr, Herne

#### Main work

The main reason for this trip was to start a course "Link Nurses". The course is based on German courses for link nurses (Hygienebeauftragte in der Pflege) (also available for doctors). The course in Mongolia is done in cooperation with Mongolian Nurses Association (MNA) and will last longer than the German courses:

There is a first part which was done in September, 2022, during our trip consisting of 4 full days training and presentations with the following topics:

- Microbiology 1, basics
- Cleaning, disinfection, sterilisation
- Hepatitis
- Organisation and work of hospital hygiene units
- Microbiology 2, multiresistant bacteria
- Reprocessing of medical devices instruments
- Outbreaks
- Media work and hygiene
- Reprocessing of flexible endoscopes
- Dentistry and reprocessing of instruments in dentistry
- Tuberculosis
- Environmental examinations
- Nosocomial infections (NIs) definition, most important NIs, causes, surveillance

- Construction
- Modern disinfectants view of a producer
- Injections, punctions, infusions, central venous catheters
- Inspections



At the end of the 4 days, the participants got some homework, which should be done until the end of the year including the following questions for the respective hospital (in short):

- Description of hospital
- Situation of hepatitis B vaccination
- Situation of hepatitis virus carriers
- Nosocomial infections (one day prevalence)
- Situation of multiresistant bacteria
- Any problems in fullfilling the job as link nurse? (task from MoH)



The second part of the course will be done in January, 2023. In 3 days all the nurses should present their results.

50 nurses participated in the course and there were also greetings from Dr Khandarmaa and Ms. Khulan from MoH expressing support from MoH for the new course.

Those of the Germans who were not involved in presentations on the respective day had the chance to visit some hospitals, like Hospital No 1 or Maternity hospital No 3 or Nalaikh district hospital.

### **Social contacts**

We had a 2 day visit to Dund Gobi and a 1 day visit to Terelj.



## **Next steps**

Walter Popp and Patrick Kreuz (formerly in German embassy in Ulaanbaatar) will come from 22 to 29 January, 2023, and take part in the second part of the course.

A group of the MNA will go to Germany from 16 to 25 February, 2023, and visit hospitals in Essen, Dortmund and Herne.

A repetition of the September course is planed for June, 2023.

Since beginning of September Ms Suvd Erdene Tumuurbaatar is in Essen until end of November, taking part in a German language course and learning lab work.

Maybe, a group of Emergency Service 103 will come in August, 2023.

Walter Popp, 12 October, 2022